

Take out  
**FILMORE & UNION**  
JOHN LEWIS



## BREAKFAST

WHOLE MILK PORRIDGE <i>V</i>	4.50
CACAO WAFFLE <i>VE DF GF</i>	4.50
HOT BREAKFAST CIABATTA	4.50
HOMEMADE GRANOLA <i>V GF</i>	2.99
OVERNIGHT OATS <i>VE DF GF</i>	2.99
SEASONAL FRUIT POT <i>VE DF GF</i>	2.99

## HOT

SOUP OF THE DAY <i>VE DF</i>	3.50
TAGINE OF THE DAY <i>GF</i>	6.95
BACON, TOMATO + PESTO CIABATTA	4.50
SMOKED CHEESE + TOMATO CIABATTA <i>V</i>	4.50
PIRI PIRI CHICKEN WRAP <i>GF</i>	5.50
VEGAN BURRITO <i>VE GF DF</i>	5.50
CELERIAC + SWEET POTATO WRAP <i>V GF</i>	5.50

## SANDWICHES

HAM + CHEESE	4.25
TUNA	4.25
EGG MAYONNAISE <i>V</i>	4.25

## WRAPS

THAI HUMMUS + FALAFEL <i>VE DF</i>	5.50
CHICKEN CAESAR <i>DF</i>	5.50
CELERIAC + SWEET POTATO <i>V</i>	5.50
ZATAR CHICKEN <i>DF</i>	5.50

## SALADS CHECK TODAY'S SELECTION

5.99

## HOT DRINKS

AMERICANO	2. <sup>50</sup>	HOT CHOCOLATE	2. <sup>90</sup>
LATTE	2. <sup>90</sup>	VEGAN HOT CHOCOLATE	2. <sup>90</sup>
FLAT WHITE	2. <sup>90</sup>	SINGLE ESPRESSO	1. <sup>90</sup>
CAPPUCCINO	2. <sup>90</sup>	DOUBLE ESPRESSO	2. <sup>10</sup>
MOCHA	3. <sup>00</sup>	MATCHA LATTE	3. <sup>00</sup>
MACCHIATO	2. <sup>60</sup>	TURMERIC LATTE	3. <sup>00</sup>
LONG BLACK	2. <sup>50</sup>	CHARCOAL LATTE	3. <sup>00</sup>

## TEA SELECTION ASK ABOUT OUR FRESH INFUSIONS

ENGLISH BREAKFAST	2. <sup>50</sup>	PEPPERMINT	2. <sup>50</sup>
EARL GREY	2. <sup>50</sup>	SENCHA GREEN TEA	2. <sup>50</sup>
CHAMOMILE	2. <sup>50</sup>	ROOIBOS	2. <sup>50</sup>

## JUICES ENHANCE YOUR JUICE WITH A BOOSTER

UNION TONIC <b>VE GF DF</b>	4. <sup>50</sup>	JOLUXE <b>VE GF DF</b>	4. <sup>50</sup>
PINEAPPLE, LEMON, ORANGE, APPLE + STRAWBERRY		ORANGE, CARROT + GINGER	
ZEN <b>VE GF DF</b>	4. <sup>50</sup>	GOODNESS GREENS <b>VE GF DF</b>	4. <sup>50</sup>
APPLE, PINEAPPLE, BROCCOLI, SPINACH, CUCUMBER + GINGER		APPLE, SPINACH, CUCUMBER, BROCCOLI, LEMON + GINGER	

## SMOOTHIES ENHANCE YOUR SMOOTHIE WITH A BOOSTER

BREAKFAST SMOOTHIE <b>V GF</b>	4. <sup>50</sup>	RAW CHOCO <b>VE GF DF</b>	4. <sup>50</sup>
BANANA, NATURAL YOGHURT, GRANOLA, SKIMMED MILK + OATS		ALMOND MILK, CACAO, CASHEW NUTS, BANANA + AGAVE SYRUP	
BERRY BREEZE <b>VE GF DF</b>	4. <sup>50</sup>	BENCH PRESS <b>V</b>	5. <sup>50</sup>
STRAWBERRIES, BLUEBERRIES, APPLE, MINT + COCONUT WATER		BANANA, VANILLA WHEY PROTEIN, FULL FAT MILK, CASHEW NUTS, OATS + PEANUT BUTTER	

