

# ALL DAY BRUNCH

\*GLUTEN FREE BREAD IS AVAILABLE AS AN ALTERNATIVE

## Filmore English breakfast 12

Gluten free sausages, smoked bacon, mushrooms,  
turmeric roasted tomatoes & toast with  
scrambled or poached eggs  
ADD Smoked beans 2.5

## Hummus eggs 10.5

Poached eggs with mushrooms, spinach,  
hummus, tomatoes, asparagus & pesto  
on toasted sourdough V | DF  
ADD Smoked salmon or bacon 2.5

## Free range scrambled eggs 6.5

on toasted wholemeal V | DF  
ADD Smoked salmon & spring onion 2.5

## Filmore smoked beans & chickpeas with poached eggs 9

on toasted sourdough V | DF

## Pancake with maple syrup 9

Choose from

**Sweet** Greek yoghurt, banana & berries V | GF  
**Savoury** Scrambled eggs & bacon GF

## Filmore gluten free granola 7.5

with Greek yoghurt, banana & fruit compote V | GF

## Smashed avocado, feta & pear

on toasted wholemeal 9 V

ADD Poached or scrambled egg 2 V

## Porridge 5.5

Fresh berries & banana, maple & mixed seeds V | GF

ADD Granola 0.5

## Toasted bagel 6.5

with peanut butter, nutella & banana V

## Bench press bowl 12

with herby quinoa & pistachio salad,  
tamari & chilli broccoli, dukkha sweet potato, turmeric  
hummus, avocado & watermelon VE | GF | DF  
CHOOSE: fishcake | vegan burger | chicken schnitzel

## Beef burger 13

with caramelised red onions & smoked cheese  
served with sweet potato wedges & tzatziki

## BAGEL OR SANDWICH

Available on plain or multiseed bagel or seeded bread

## Bacon or Sausage 5

Outdoor reared, locally sourced, pork

## Hot jacks 8.5

Paprika roasted chicken with red  
peppers & homemade guacamole

## Back to basics 8.5

Smoked salmon, cream cheese,  
dill, spinach & gherkins

## VEGGIE | VEGAN

### Porridge with almond milk 6

Fresh berries & banana, maple & mixed seeds  
VE | GF | DF

ADD Granola 0.5

### Vegan breakfast 9

Vegan hash with spinach, smoked beans, turmeric  
roasted tomatoes, mushrooms, wilted spinach  
& smashed avocado VE | DF

ADD Poached or scrambled egg 2 V

### Vegan avocado on toasted sourdough 9

Turmeric roasted tomato, mushrooms, spinach,  
asparagus & watermelon VE | DF

ADD Poached or scrambled eggs 2 V

### Filmore beans & smoked chickpeas in tomato sauce 7

on toasted sourdough VE | DF

## ADD-ONS

Sweet potato wedges V   GF   VE	4
Poached eggs V   GF   DF	2
Scrambled eggs V   GF   DF	2
Pork & herb sausage GF	2.5
Smoked salmon GF   DF	2.5
Smoked bacon GF   DF	2.5
Smoked beans & chickpeas VE   GF   DF	2.5
Turmeric roasted tomatoes VE   GF   DF	2.5
Sliced avocado VE   GF   DF	2.5
Grilled asparagus VE   GF   DF	2.5
Wilted spinach VE   GF   DF	2.5
Feta V   GF	2.5
Extra toast*	1.5

\* FOR GF ASK FOR GLUTEN FREE VEGAN BREAD

GF - GLUTEN FREE | DF - DAIRY FREE | V - VEGETARIAN | VE - VEGAN

PLEASE LET OUR STAFF KNOW IF YOU HAVE ANY ALLERGIES OR DIETARY REQUIREMENTS