

FILMORE & UNION

JOHN LEWIS

BREAKFAST

WHOLE MILK PORRIDGE ^V	4. ⁵
CACAO WAFFLE ^{VE DF GF}	4. ⁵
HOT BACON CIABATTA	4. ⁵
HOMEMADE GRANOLA ^{V GF}	2. ⁹⁹
OVERNIGHT OATS ^{VE DF GF}	2. ⁹⁹
SEASONAL FRUIT POT ^{VE DF GF}	2. ⁹⁹

HOT

SOUP OF THE DAY ^{VE DF}	3. ⁵
TAGINE OF THE DAY ^{GF}	5. ⁹⁵
BACON, TOMATO + PESTO CIABATTA	4. ⁵
SMOKED CHEESE + TOMATO CIABATTA ^V	4. ⁵
PIRI PIRI CHICKEN WRAP	5. ⁵
VEGAN BURRITO ^{VE GF}	5. ⁵

SANDWICHES

HAM + CHEESE	4. ⁵⁰
TUNA	4. ⁵⁰
EGG MAYONNAISE ^V	4. ⁵⁰
TARRAGON CHICKEN	4. ⁵⁰

WRAPS

THAI HUMMUS + FALAFEL ^V	4. ⁵⁰
CHICKEN CLUB WRAP ^{DF}	4. ⁵⁰
GREEK VEGGIE WRAP ^{GF}	4. ⁵⁰
CHICKEN, CAULIFLOWER + MASALA CHAT WRAP	4. ⁵⁰

SALADS

CHECK TODAY'S SELECTION

SEASONAL POTS

CHECK TODAY'S SELECTION 2.⁹⁹

HOT DRINKS

AMERICANO	2. ⁵	HOT CHOCOLATE	2. ⁹
LATTE	2. ⁹	VEGAN HOT CHOCOLATE	2. ⁹
FLAT WHITE	2. ⁹	SINGLE ESPRESSO	1. ⁹
CAPPUCCINO	2. ⁹	DOUBLE ESPRESSO	2. ¹
MOCHA	3. ⁰	MATCHA LATTE	3. ⁰
MACCHIATO	2. ⁶	TURMERIC LATTE	3. ⁰
LONG BLACK	2. ⁵	CHARCOAL LATTE	3. ⁰

TEA SELECTION

ASK ABOUT OUR FRESH INFUSIONS

ENGLISH BREAKFAST	2. ⁵	PEPPERMINT	2. ⁵
EARL GREY	2. ⁵	SENCHA GREEN TEA	2. ⁵
CHAMOMILE	2. ⁵	ROOIBOS	2. ⁵

JUICES

ENHANCE YOUR JUICE WITH A BOOSTER

UNION TONIC <small>VE GF DF</small> 4. ⁵ PINEAPPLE, LEMON, ORANGE, APPLE + STRAWBERRY	JOLUXE <small>VE GF DF</small> 4. ⁵ ORANGE, CARROT + GINGER
ZEN <small>VE GF DF</small> 4. ⁵ APPLE, PINEAPPLE, BROCCOLI, SPINACH, CUCUMBER + GINGER	GOODNESS GREENS <small>VE GF DF</small> 4. ⁵ APPLE, SPINACH, CUCUMBER, BROCCOLI, LEMON + GINGER

SMOOTHIES

ENHANCE YOUR SMOOTHIE WITH A BOOSTER

BREAKFAST SMOOTHIE <small>V</small> 4. ⁵ BANANA, NATURAL YOGHURT, AGAVE, GRANOLA, SKIMMED MILK + OATS	RAW CHOCO <small>VE GF DF</small> 4. ⁵ ALMOND MILK, CACAO, CASHEW NUTS, BANANA + AGAVE SYRUP
BERRY BREEZE <small>VE GF DF</small> 4. ⁵ STRAWBERRIES, BLUEBERRIES, APPLE, MINT + COCONUT WATER	BENCH PRESS <small>V</small> 5. ⁵ BANANA, VANILLA WHEY PROTEIN, FULL FAT MILK, CASHEWS, OATS + PEANUT BUTTER

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